



Date: April 28th-30th

Location: Breakaway Lodge in Gearheart, OR

Dear JH Families,

I am so excited that your son is going to be joining us for the Junior High Guys Retreat that will be taking place on the weekend of April 28th-30^h. This specific retreat is something that God has been putting on my heart over the last few years as a point of freedom and deliverance for students.

For young men in our culture, you don't have to look far to see there is a battle for sexual purity everywhere they go. Schools, phones, social media, and movies all point towards a sexual culture that says to engage in whatever you feel is right. For Junior High students, they come from so many diverse backgrounds. On one hand, you have students who are trapped in a sexual addiction, whether it be to pornography, sexual imagery, or masturbation, and have no idea how to walk in freedom out of it. Simultaneously, you have students who have never been exposed or ever talked about these things are wondering what purity means and looks like.

No matter where they are, God has something great in store for them when it comes to their purity!

From Friday evening to Sunday morning on April 28th-30th, we will be gathering at Breakaway Lodge in Gearheart, OR, to find healing/declare God's love over lives in purity. We will also be actively learning and committing to a lifestyle of purity,

which includes things such as honesty, boundaries, accountability, community, and a deep, rooted relationship to Jesus.

If your son is working through a sexual addiction then this is the retreat for him. If they are not but want to learn and be equipped to live faithfully to Jesus in their sexual purity, then this is also the retreat for them! All are welcome, no matter where they are at, to draw near to Jesus and be equipped to walk forth in him in purity. Being men of God in their purity is something they will pursue and declare their entire lives: single, dating, married, parenting, you name it. We want to begin that journey and allow God to heal faithfully along the way in areas that may need it.

Below is more details about what the week will hold. This includes a schedule, general curriculum, and ***a parent meeting at the Church at 1pm Sunday, April 30th in the Youth Building as students are coming home!***

Retreat Preparation:

Breakaway Lodge

220 Nita Ave, Gearheart, OR, US 97138

PACKING LIST:

DO Bring:

- Sleeping Bag & Pillow
- Bible & Pen (Journal's Provided)
- Toiletries & Towel
- Sunscreen
- Water Clothes (bring dark shirts/tanks to be worn over 2-piece bathing suits at all times)
- Flashlight
- Active shoes
- Water Bottle w/name clearly labeled
- Bug repellent
- Phones are ok to bring, as we want to teach them to use it responsibly. They can only be used when we allow them to.

Do NOT Bring:

- GUM
- Food with Peanuts
- Cigarettes, chewing tobacco, etc.
- Lighters or matches
- Illegal drugs or alcohol
- Fireworks
- Firearms or knives
- Pets

- Magazines, other inappropriate reading materials
- Skimpy or immodest clothing

WELLNESS POLICY:

All campers should be free of the following symptoms 24 hours prior to camp for participation. Those who arrive with any of these symptoms will be sent home:

- Fever of 100 degrees or more
- Vomiting
- Diarrhea
- Contagious Skin Infection
- Lice **

**Should your camper become ill at camp or be injured in such a way as to require home care, parents will be notified and are expected to come and pick up their child.*

***Please check your son/daughter for lice prior to camp and treat as needed. Should our nurse discover lice on your student's head after arrival at camp, the camper must go home for treatment.*

MEDICATIONS:

***All campers must turn in both non-prescription and prescription medications to the Camp Nurse upon arrival. Please help us safely care for your camper by using the following guidelines for medications:

- Place medication in a zip-lock bag with the campers name clearly printed on the outside and shut.
- Must be in **original containers** whether prescription or over-the-counter.
- Dosage given on prescription label will be given unless changed in writing by the physician.
- Over-the-counter medications are available at camp, but in limited "brands."
- If you want your camper to have a specific brand (i.e. Tylenol, Advil, Triaminic etc.), you must send it with him/her in its **original** container.

Daily schedule

Friday, April 28th

5pm: Registration Opens at Youth building at Beaverton Foursquare Church.

6pm: Board Buses and leave

7:30pm: Arrive at Aldersgate & head to cabins

8pm: Dinner

8:45pm: Session #1

10pm: Cabin Time

10:30pm: Hangout & food

12pm: Lights out

Saturday, April 29th

7:15am: Wake Up Students

7:20am: Leaders Meeting

8am: Breakfast

8:45am: Session #2

9:30am: Breakout work

10am: Solo time

10:30pm: Hangout time (Homework, Gym open, etc.)

12:30pm: Lunch

1:30pm: Session #3

2:15pm: Group Activity

2:45pm: Free time (Gym time, etc.)

5:30pm: Dinner

6:30pm: Session #4

8:15pm: Cabin Time

8:45pm: Snacks & Hangout

9:15pm: Night Game

11pm: Lights out

Sunday, April 30th

8:45am: Wake Up Students

8:45pm: Leaders Meeting

9:30am: Breakfast

10:30am: Session #5

11:30am: Clean up and pack

12:30pm: On the bus and heading home

1pm: PARENT MEETING at the Church in Youth Building at B4

1:45pm: Students arrive at Church

General synopsis of Sessions throughout the weekend:

Session #1: We will focus completely on how God wants to be part of our purity. Jesus isn't a God who wants the easy & clean things of us. He wants the places where we fail or are afraid. This will be a time for guys who have never thought of purity to declare that they want to pursue Jesus and his plan for it. For those who are struggling with a sexual addiction, this will be a point to declare the same call to purity and that Jesus loves and forgives them. It should be a great night to kick off the weekend. We will break off into cabins to talk about the session afterwards.

Session #2: This session will begin the discussion of what "Walking in Purity" actually looks like. We will talk about the difference between a White-Knuckle change and Real change. White-knuckle change is basically attempting to change a behavior without addressing system or environment that is causing the behavior. Real change is addressing your heart, your mind, and your life in order to change something. In order to live in purity before Jesus, it requires new thinking and a new outlook on their lives and how to live it. It will be a time to discuss and commit to real change in their life before the Lord, as the rest of the sessions focus around what a lifestyle of purity looks like, no matter where they may find themselves in their walk.

Session #3: This session will be looking at the physiological battle that is going on inside of dudes when it comes to purity. A lot of them are going through so many changes in their body with their sexuality and need help understanding it, as well, for those who are stuck in a sexual addiction, it is having a physiological effect on them that they may not understand. This will lead into a discussion about boundaries and understanding how certain situations, both sexual and non-sexual in nature, can tempt them in their purity. As well, certain emotions can cause them to act out as well, which speaks to the deeper need of why people feel a temptation to sexual immorality.

Session #4: This may be the most important of all the Sessions as we will focus on why people turn to sexual immorality and how people are able to live in purity. We will be talking about how our desire to be loved is the greatest desire we have whether we acknowledge it or not. When this is confused or broken, we often look for love in the wrong places. According to x3church, sexual immorality is the act of turning God's plan for sex into an idol, and immoral behavior is actually a way of knowing something is wrong in our understanding of God's love. God is madly in love with us and wants to satisfy us in a way nothing else in this world can, which is how we can say no to the things of this world and say yes to him!

As well, sexual immorality is a way of masking real pains that God wants to heal, which is why it's so difficult for those who are trapped in sin to break it, because they don't know how to function without it. The question we will be asking this

night isn't "what sin are you doing?" but rather "What function is your sin trying to medicate?" For example, a kid may be feeling the pain of never measuring up at school with friends, and they medicate by looking at inappropriate things or feel tempted to. So although he may be struggling or feeling tempted, the real source of his pain where God wants to meet him is in his understanding of his love. God loves him no matter how he does at school or how kids may treat him.

This will be a night of taking deep pains and bringing them to Jesus and allowing him to speak healing over them, which is true purity. They will understand that purity isn't just a sexual issue, but a love issue with their Savior!

Session #5: This session will focus on the power of honesty, accountability, and community. Throughout the weekend, personal sharing will be done with the cabin group after all the sessions. This will be focused on how to walk through everything together and how to include people on your journey and walk in purity. Students may be all over the place when it comes to what they know, experience, act, etc. in sexuality, but they all can live in honesty and community with other guys and adults in their life.

We will finish the week by talking about how living in the light and honestly with those around you is the greatest way to walk in the strength of the Lord in purity. As well, inviting people in on your walk like trusted friends and parents is something we will encourage them in as they prepare to go home. We will prepare them to be proactive at building relationships with those whom they are running this race with.

Parent Meeting on Sunday at 1pm: This Meeting will be led by myself to recap everything that happened over the weekend, as well as prepare parents for whatever their son may bring to them. As much as I'd hate for your son to come home and shock you by saying he's been struggling with sexual immorality, I do want to prepare you for it and equip you to walk forward with them in it. Whether they are struggling or not, their purity is one of the greatest opportunities to draw closer in relationship to them as a parent because they need you. I've often seen a child's purity as the point that has brought parents way closer to their kid or push them farther away, depending on their response. This meeting will be to empower you to love your son and be a part of their purity, as I'm encouraging them to involve you in their walk. **Please come to this meeting if your son is coming to camp as I want to best equip you to help your son!** There's no greater honor than for me to help you as much as I can in your love for your son!

X3church, as well as Pure Desire Ministries, both Christian organizations, helped contribute to the curriculum and are a great resource for families when it comes to purity.

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CAMP CODE (rules)

**please go over these with your student(s)*

1. Be respectful

- a. No fighting, hazing, or foul language
- b. No pranks or pillow fights
- c. No “raiding” of any kind (i.e. messing with other people, their cabin and their belongings)
- d. No stealing
- e. If you break something you bought something
 1. All damages to camp property must be paid for prior to leaving camp
 2. Our camp imposes a \$500 fine for graffiti
- f. Clean up after yourself (cabins, bathrooms, and in general at camp)

2. Be where you are supposed to be when you are supposed to be there

- a. All meals, meetings, and activities are mandatory
- b. Campers must stay in the camp boundaries at all times

3. Be Legal

- a. All articles informed on this flier NOT to bring to camp (see below)
- b. If discovered must be turned in to our Camp Staff
- c. What is not legal at our camp (Camp Law)
 1. No body piercing
 2. No hair cutting or dying (unless as part of an optional adult supervised workshop)
 3. No Immodest clothing (no extreme short shorts, or short shirts, tight or revealing clothing, clothing imprinted with vulgar or secular slogans, or exposed undergarments)

