

# COMMUNION FOR KIDS

# **HOW IS JESUS A PART OF** COMMUNION **TODAY?**

When we share communion, Jesus promised the Holy Spirit would be with us and help us remember all that Jesus did for us.

# WHAT ARE OTHER NAMES FOR **COMMUNION?**

We also call communion the Lord's Supper or the Lord's Table.

### WHAT IS COMMUNION?

Communion is a time when we come together to remember what Jesus did for us on the cross by eating bread and drinking juice, and welcoming His presence with us.

# WHOSE IDEA WAS COMMUNION?

The first communion was the Last Supper and it was Jesus' idea! He set the example for how we participate in communion today with His disciples and told us to continue the practice when we gather.

WHAT DO THE BREAD AND JUICE REPRESENT?

Communion isn't just a snack! The bread represents Jesus' body, broken for us, so we can experience wholeness sustained by Jesus. The cup represents Jesus' blood, shed for us, so our sins can be forgiven and we can have friendship with Jesus.

# **CAN KIDS PARTICIPATE IN COMMUNION?**

All who trust Jesus and want to follow Him are welcome to remember Jesus in this way. We participate together to remember we are all part of one body, the body of Christ.

Tune in to our live stream of Good Friday at 9:00am on April 10th.

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